



## Find out more

To find out more about the UFA log on to: [www.ufa.org.uk](http://www.ufa.org.uk)

If you are interested in the UFA running a Leading and Learning in Teams programme in your area, contact us now and we can discuss your needs and requirements.

'Thank you – this course has given me so much more confidence about being in groups.'



Learning is...  
a journey

## Leading and Learning in Teams with the UFA



' This course has been great because you have to learn how to work with people you don't know or even like sometimes at school and at work.'



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# Leading and Learning in Teams



## The UFA

The UFA is a national educational charity that during the past ten years has worked with over half a million young people to provide enriching and challenging learning activities.

We work in partnership to develop the capacity of others to enable and encourage the potential of young people.

## Our aim

To create learning that enriches lives in home, school and community, raising aspirations and achievement for young people aged 5-25.

## How

- Creating a learning network that young people can belong to anywhere that develops learning & leadership skills for life.

- Creating relationships in schools, communities and with parents that develop innovative learning activities that take place inside and outside of the school.

## Leading and Learning in Teams

- o This two day programme has been designed to develop and progress the personal skills of young people in order to help them to develop their potential to be leaders and team players.

- o 'Leading and Learning in Teams' focuses on team work and the different roles individuals can take in a

- team, leading a team and the coaching of self and others.

- o The course can stand alone or be used to support the Key Stage 3 course 'Students of today; leaders of tomorrow'.

- o 'Leading and Learning in Teams' has a strong emotional intelligence input to support the development of 'good self talk' in order to build self esteem and resilience.

- o The course is packed full of interactive activities about how teams work best and how young people can get the most out of themselves and their team making it an enjoyable, active and immersive experience.

## Cost:

£2800 for up to 25 young people – delivered by a member of the UFA National Team. This includes all course materials as well as a course booklet for each participant.

## Benefits of the course for schools, organisations and employers:

- o This programme links very closely with national education agendas such as Young People's Voice, Every Child Matters, Citizenship Education, Personalised Learning, Extended Schools, 14-19 Provision.

- o Provides an opportunity for young people from KS3-5 to gain leadership and team working skills and experiences that can be used in their school, community and employment settings.

## Who should attend:

Young people interested in improving their team working skills and developing their leadership skills.

## Course outcomes for young people:

- o Improved confidence and ability to work as part of a team.

- o Improved confidence and ability to lead a team.

- o Improved communication and teamwork skills including ways to motivate and manage team members.

- o Increased self-confidence and ability to support others.

- o Improved ability to speak in public and present ideas.

'I feel a lot more confident about myself now – I've learnt more about myself and how I can be a team leader.'

- o Improved problem solving skills

- o An understanding of how to develop and sustain good working relationships within teams.

